

Meet & Train

Meet & Train groups are organised by volunteers and take place throughout the country. To find one near you please see below:

- Arklow: The Lake Coffee Shop, Coral Leisure Centre, Mon.9.30 am; 7 pm (walkers); Tues 9.30 am; Thurs 9.30 am & 7 pm; Sat 9 am. Other times by arrangement
Contact Mary 086 3045418
- Ballina: Belleek Track: Tues & Thurs 7 pm Elizabeth 087 2419309/Michelle 086 4180159
- Blackrock: Carysfort Park: Contact Patricia Craddock-Smith email craddocksmith@eircom.net
Gerry Flaherty e-mail gerryflaherty@live.ie
- Bohermeen: Local Track: Mon. & Weds 7.30 pm; contact Stephen 086 0792580
- Clones AC: The Peacelink: Contact Bill 086 2737497 or check out Facebook
- Craughwell: Craughwell senior track: Weds 7.30 pm; Sat 9 am; Niamh Flavin 087 2633999
- Donegal: Donegal Town Vocational School; Weds 7 pm; Contact David 086 8011540 or Jackie 086 4052823
- Donnybrook: Belfield area; Contact Lindie 086 1023306
- Dundalk: Dublin Road Shopping Centre: Mon/Weds 7 pm (Walkers & Joggers)
Contact: Joan 087 2665736
- Dundrum: D.S.D. Athletic Club Marlay Park Tues. & Thurs 6 pm; Contact Caitriona for starting Date or check out website: <http://dsdac.com/adult-meet-train>
- Dungarvan: Weds: times/venues vary contact www.westwaterfordathletics.org
or James 086 8184762
- Greystones/
Kilcoole Charlesland Track, Mon & Weds 6 pm & 8.30 pm; Weds & Fri 10 am
Contact: Theresa 086 8635797
- Kilkenny: Scanlon Park: Mon. & Thurs 6.30 pm; ParkRun Castle Sat 9.30 am
- Kiltale: GAA Grounds, Mon/Thurs 7 pm; Contact Pat 087 6816366; Fiona 086 1070498
(6 miles from Trim)
- Kingswood
Heights: St. Kilian's Church car park, Tues/Thurs 7.15; Contact Mary 087 2257960
- Knocklyon: St. Colmcille's Nat. School/Church Car Park until 31/03/2016. When clock changes
Cherryfield Park (opposite Ballyboden St. Enda/s GAA Club), Tues/Thurs 7 pm
Sun 9 am; Contact Peter 087 3655596 or Ray 086 301 7940
- Lucan: Newcastle Road running track (opp.Supervalu); Tues/Thurs 7 pm
Contact Josephine Dignam 087 9558333.

Monavea, Crettyard: St. Abban's Track, Monavea; Mon/Weds 7.30 pm; Contact Pat Kelly 059 9143357

Navan: Bohermeen, Navan Ramparts, Sun 11 am; Contact Stephen Ball 086 0792580

Newbridge: Fit4Life, Athletic Track, Vocational School, Station Road; Weds & Fri. 7.30 pm; Contact John Morrissey by email johnxpertshire@gmail.com

Raheny: Thurs. 6.20 pm & Sat 11.30 am; St. Anne's Park; Contact Mick Martin 087 2434698

Rathdrum: St. Colman's Hospital; Tues & Thurs 5.45; Avondale House Sun 9.45 am; Contact Billy 087 2928660

Santry Stadium: Tues/Thurs. 7 pm; Sat. 10 1m; Contact Pamela 086 1503015; pamelabcooper78@gmail.com

Shankill: Bray Runners, Shanganagh Park Thurs. 7 pm; C: Richard Kavanagh 086 8855047

Sligo: Sligo I.T; Tues & Thurs., 6.15 pm Cleveragh; Contact Terry 087 2274622

Stranorlar: Finn Valley Centre; Mon & Weds. 7.30 pm; Sat. 10.00 am; Contact Brendan Patton 087 4192294

Swords: Balheary Playing Fields; Sun 9.30 am; Mon & Weds 6 pm; Contact Bernie 01 8401377

Tallaght: Bancroft Park running track Tues/Thurs 7 pm; Contact Niamh 087 6878113

Tara A.C: Rosscross; Mon and Thurs. 7.30 pm; Contact Davy McCarthy 087 9278357

Terenure: Bushy Park; Tues/Thurs 7 pm; Contact Emily